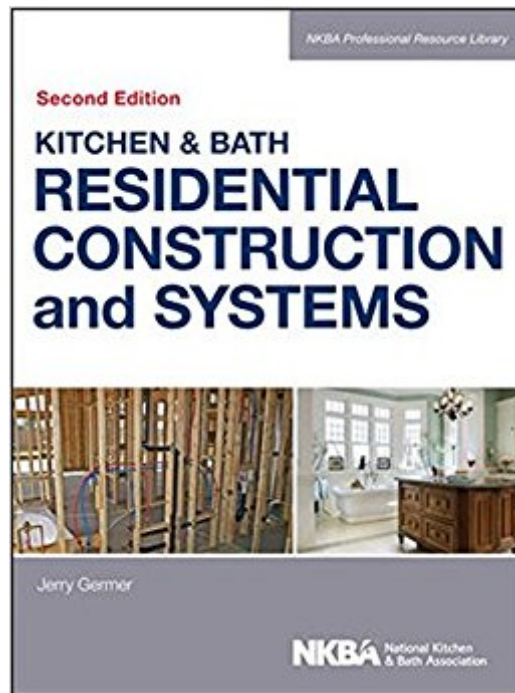


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# Kitchen & Bath Residential Construction And Systems



## Synopsis

This revised edition of Residential Construction and Kitchen & Bath Systems combines the thorough guides to typical North American building systems for homes for the kitchen and bath industry into one comprehensive, expanded volume, completely updated and revised throughout. Learning to "read a house" is an essential skill for anyone in the kitchen and bath field. This book provides clear, concise explanations of the home's structural systems and components, including the inner workings of the mechanical, electrical, and plumbing systems.

## Book Information

Hardcover: 288 pages

Publisher: Wiley; 2 edition (November 18, 2013)

Language: English

ISBN-10: 1118439104

ISBN-13: 978-1118439104

Product Dimensions: 8.8 x 0.9 x 11.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 10 customer reviews

Best Sellers Rank: #66,247 in Books (See Top 100 in Books) #15 in [Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Plumbing & Household Automation](#) #39 in [Books > Arts & Photography > Architecture > Buildings > Residential](#) #77 in [Books > Arts & Photography > Architecture > Interior Design](#)

## Customer Reviews

A comprehensive guide to residential construction and building systems for kitchen and bath professionals Combining Residential Construction and Kitchen & Bath Systems, this is the definitive guide to residential design and construction for kitchen and bath designers. The book provides clear, concise explanations of a home's structural systems and components, including the inner workings of the mechanical, electrical, and plumbing systems. Fully updated, it includes new information on sustainable building systems and the latest building codes based on the International Residential Code 2012. Kitchen & Bath Residential Construction and Systems is one of a series of volumes in the National Kitchen & Bath Association's Professional Resource Library. As the only not-for-profit trade association dedicated exclusively to the kitchen and bath industry, the NKBA is the leading source of information and education for professionals. Essential information on: Construction Codes and Permits Maximizing Energy Efficiency Foundations and Floors Exterior

Walls and Doors and Windows Interior Walls and Ceilings and Surfaces Systems HVAC Systems  
Piping and Water Heaters Plumbing Fixtures Home Automation Lighting

Jerry Germer is an author and architect who specializes in residential design.

Given that the NKBA Kitchen Planning book is my go-to resource for all things kitchen design, I expected the same kind of quality with the NKBA's latest release, and I got it. This book deals with construction and building systems (as the name implies) for the kitchen and bath. Some of this information builds on what you get with the Kitchen Planning book, but it also adds a lot of great new information. Chapters 1 - 4 are short and sweet: how to gather your team, knowing where to get codes, foundations of a healthy home and energy efficiency. Chapter 5 builds on Chapter 4 with using natural energy (solar). From there the book delves into foundation needs and materials, then floors (from wood to steel to concrete) and on up the walls, both exterior and interior. From there it tackles doors, windows, roofing and surfaces. Next the book turns to heating and cooling, air quality, water and drainage, equipment, electrical and finally lighting. The book is fairly high level because it is aimed at a very specific audience, so you aren't going to find the general details that you might find in a more general book. It is also not a book for contractors or builders, but designers working with contractors and builders. But it does cover things you need to know for kitchen/bath construction, such as lumber, including cuts and quality in the flooring section, for instance, or constructing a good vapor barrier in the roof. The book includes plenty of diagrams and pictures and plenty of resources if you need something more than the book has to offer. Another exceptional NKBA offering.

At first, when you see "Kitchen & Bath" in the title it is a bit confusing, because this book has little to do with kitchens and bathrooms. Instead it provides a general overview from a bird's perspective at 10,000 feet, of the various ingredients for building a home. It covers everything from lumber grading to tankless water heaters. Because there is so much to fit within 245 pages, none of these topics are covered in a great amount of detail. This book is excellent for a beginner, for example if you occasionally work on home DIY projects or if you want to learn about how homes are put together in a general sense. But if you already have significant experience with residential systems you will find the info too basic to be of much use. Overall, this book is nicely organized with excellent explanations and illustrations, so I would highly recommend it for a beginner.

This book would be worthwhile for any would-be assembler or contractor. It's essentially a textbook (hence the price), but one that presents its content really well. I'm not in the business, but I'm currently getting ready to hire folks who can redo the upper and lower bathrooms in my relatively old house. This book has given me a lot of info that will let me make better decisions about what I can realistically have done and whom to hire. (To be honest, I was thinking I might be able to do the job myself, but this book has -- wisely -- has convinced me otherwise.) If you're looking for a good overview of the business-side of things, check out *Kitchen and Bath Business and Project Management, with Website* (NKBA Professional Resource Library). It's excellent, too.

As a carpenter and someone who is completely remodeling their home, I found this an excellent resource guide. It is well illustrated, detailed and yet easy to understand. It has good descriptions of systems. Even though it is titled kitchen and bath and covered those areas and issues pertaining to them thoroughly, it also went beyond that into a general reference guide for home construction and systems. I would recommend this book.

This book isn't what I was expecting, but it's something my husband, a self-trained builder, can appreciate. He says it deserves five stars. I read with interest the section on asbestos, lead paint and other classic building materials that later were found to be toxic. Replacements are expensive, and removing the old substances is hazardous and costly. The particulars of building are beyond my skill level, but this book goes beyond kitchens and bathrooms with basics that apply to whole-house building. I was hoping for ideas on remodeling -- photos, the latest trends -- and will sample a chapter before I commit to "buying" and reviewing something that is over my head.

Don't expect this to be a layman's book - this is far more advanced than a beginning home improvement guide. That being said, there is a lot of information in this book which pertains to mid to heavy remodels that most homeowners don't consider. The topics are covered in general detail, but not a lot is devoted to each topic. In essence, this book gives a general overview of some advanced subjects in kitchen and bath remodeling and construction.

I have three resources when constructing building *Building Codes Illustrated* *Building Code Basics* *Kitchen & Bath Residential Construction and Systems* These guides have been the most helpful and are my go to guides. They are all chocked full of valuable information that is well worth their weight in gold.

I am actually not a contractor or a carpenter but just a home owner and I wanted a book to guide me through the kitchen and bath construction. I wanted to understand the terms my contractor and carpenter were using. The section on "Maintaining Healthy Indoor Air" was a great section for me because I did not realize some of the options that I had in terms of venting. My contractor looked through the book and thought it was very thorough. Overall a great book for the professional or home owner wanting to understand more!

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